

# MENTORING PROGRAM

NORTHPORT PUBLIC SCHOOL

# BE A MENTOR. MAKE A DIFFERENCE.

## FIND US HERE

104 S. Wing Street Northport, MI 49670 231-386-5153 northportps.org



## THE BENEFITS

The purpose of this program is to help students and community members foster meaningful relationships to ensure that every child has as many trusted adults in their lives as possible.

Research has shown time and time again, "that supportive relationships with adults are important for personal, emotional, cognitive, and psychological growth" (Does Mentoring Matter? A Multidisciplinary Meta-Analysis Comparing Mentored and Non-Mentored Individuals, 2008). Some examples of the positive outcomes of mentorship for students include:

- increased self-confidence
- development of social skills
- establishment of a network
- access to new or different perspectives and opinions

It only takes 15 minutes, once a week, to make a difference.

## THE PROCESS

Mentor/mentee matches are thoughtfully considered based on a variety of mentor/mentee preferences and interests.

The Mentor Application can be found on the school website.
Applications are screened by the Program Coordinators.

After the application screening, mentors undergo a background check and participate in in-person training before being matched with a mentee.

Both mentors and mentees are notified when matched and submit their Mentor/Mentee Contracts. Mentors schedule their weekly meetings via Calendly.

Once mentoring begins, the Program Coordinators provide ongoing check-ins with both the mentor and the mentee to offer support and/or monitor the need for additional trainings.

## THE 4 W'S

#### WHAT?

The mentoring program is about human to human connection.

It is not academic tutoring. It is not mental health counseling. It is not faith-based guidance. It is not about trying to "fix" problems.

#### WHO?

Mentees are interested 6th-12th grade students.

Mentors are interested/available community members from all over Leelanau County.

#### WHERE?

Mentors typically meet with their mentees at Northport Public Schoo in the library.

### WHEN?

The mentoring program runs during the school year only, excluding times of school closure (e.g. winter break, snow days, etc.).

Meetings are scheduled for 15 minutes, Monday-Friday, as early as 8:15am and until 3:00pm. Meetings are not scheduled during lunches.

